

Supercharge Your Writing

10 Writing Prompts to Help You Think Like an Author



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No matter what type of book you want to write—whether it's historical fiction, an inspirational memoir, prescriptive non-fiction, or any other genre—all aspiring writers face a few similar challenges.

The first common challenge is about logistics: You have to figure out when and where to write. Some people set up a routine, writing in a special area in their home for 30 minutes each morning or evening. They set a timer, seclude themselves, and write—no matter if they feel like it or not. Some people aim to write a certain number of words each day or each week, leaving writing times and settings more fluid. Some days they write for 20 minutes in the morning at home; some days they write for an hour at a coffee shop. Overcoming this logistical challenge is a very personal thing. Maybe you know what's most likely to work for you, but when most people start writing, it's a matter of trial and error.

The second common challenge is about content: To write a book that will sell, you need to figure out not only what the book is about but also who it's for and how those people are going to hear about it. If you know your audience, you'll know better how to craft the content of your book so that it speaks to the people it's meant for. Plus, having this insight about your readers will give you information on how to reach them once your book is out in the world.

The final common challenge is about mindset: So many aspiring authors are held back by fears and an inability to see themselves as authors. They think things like, *Who am I to write this? I could never actually write a book. I don't want to put myself out there—what if I fail?* Shifting your mindset to truly believe that you can (and should) follow your passion to write a book is sometimes the hardest part of becoming an author.

The writing prompts in this worksheet won't help you with the first challenge—that's something you have to figure out on your own. But they will set you on your way to overcoming the other two challenges. They'll help you not only shift your mindset but also start to hone your ideas and your audience, revealing the true heart of your book!

INSTRUCTIONS FOR USING THE WRITING PROMPTS

As a writer, you likely know what a writing prompt is, but here's a quick refresher: a writing prompt is a sentence starter that lets you dive into the writing process without a lot of thinking required.

Over the next ten days, use the ten writing prompts below to help you start to think like an author. For each prompt, you'll write for at least seven minutes. Why seven minutes? Because that's long enough for you to get into writing and for you to tap into that deeper part of yourself that will give you the insights you need to advance.

So open your mind, let your pen hit the page, and get ready to be surprised by the wisdom that lies within you!

HERE'S HOW YOU DO IT:

Step 1: Grab your notebook and pen, or your device if you'd rather not write longhand. You'll also want your phone or another timer handy.

Step 2: Select the writing prompt you'd like to use for the day and write it at the top of your page.

Step 3: Set your timer for seven minutes and begin to write. Start your first sentence with the day's writing prompt and then continue the sentence. If you slow down and don't know what to say, start the next sentence with the same writing prompt again. You may end up rewriting the same prompt three, four, or even ten times during that seven-minute writing period.

NOTE:

- Don't worry if you're not sure what to write when you read the prompt. Just start writing. Pro tip: You can start by writing, "I don't know what to write but..."!
- Do not judge, reread, or edit your work as you write.
- Always write the next thing that comes to mind, even if it seems out of left field (some of the best ideas pop in when you'd least expect them!)
- If you still want to write when the timer goes off, and you don't have another obligation, by all means—keep writing!

YOUR WRITING PROMPTS

Prompt #1: I'm writing a book about.....

- Prompt #2: The person in my life I most want to read my book is....because.....
- Prompt #3: I want to be an author because.....but deep down I'm also hoping for.....
- Prompt #4: The very first thing I want my reader to know is.....
- **Prompt #5:** [List 3 books you admire from the same bookshelf as your own, then do this prompt once for each] The way my book is similar to this book is... but it's also different because....
- Prompt #6: To me, becoming an author means.....
- **Prompt #7:** The kind of reader who will pick up my book is.....
- Prompt #8: What will keep my reader's attention most is.....
- Prompt #9: What will grab media attention about my book is.....
- Prompt #10: The fear that's holding me back the most is......

